



STUDENT SERVICE LEARNING (SSL) HOURS

Participating in serviced projects, whenever possible, is in keeping with the corporal and spiritual works of mercy we practice as Catholics. While Student Service Learning (SSL) hours are not mandatory this year due to CoVid-19 pandemic, Confirmandi are still encouraged to serve the community in safe ways.

While it may not be possible to volunteer in some of the traditional ways we are used to, there are still many ways to serve. Please take the initiative to research non-profit organizations that interest you and see how they have modified their volunteer opportunities and research ways assist them. Confirmandi are encouraged to share their ideas with each other along the way. Below is a list of ideas to spark Confirmandi's pursuit to serve others.

NON-PROFIT CATEGORIES TO RESEARCH

Hungry, Homeless, Sick, Environment

Examples of Non-Profits to Consider

Martha's Table-marthastable.org

A Wider Circle-awidercircle.org

Catholic Charities Archdiocese of Washington-catholiccharitiesdc.org

Little Falls Watershed Alliance-lfwaa.org

BE THE GOOD SAMARITAN & HELP CLOSE TO HOME

Make a Commitment to help a family member, friend or neighbor that is going through a tough time, is sick, or simply someone you know who could benefit from some extra kindness and a little extra help.

Ideas

-Help an elderly neighbor by bringing their trash to the curb for trash pick-up and putting the empty bins away after trash is collected for a set period of time...1 month, 2 months, etc.

-Shovel the snow, rake leaves or mow the lawn for a neighbor in need all season long.

-Send a postcard to family member or friend telling them how special they are to you once a week.

-Or develop your own idea of how to help someone in your family or neighborhood that may be in need.

-Give Blood.